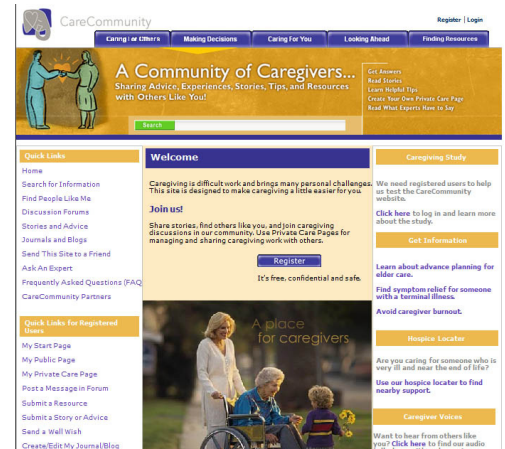


CareCommunity...a community of caregivers

www.MyCareCommunity.org



We know that caregiving is challenging. We have created CareCommunity to lend a helping hand. CareCommunity, located at www.MyCareCommunity.org, offers a virtual support group and resource portal for people providing care for a loved one. It is a cost-free tool that provides caregivers access to support, advice and resources from the comfort of their home. Logon today to take advantage of this dynamic caregiver support tool!



1 Resources and Information

Caring for You - Support for managing stress; find meaning in your caregiving role.

Making Decisions - Gather information on advance directives, legal planning, insurance and care settings.

Looking Ahead - Preparing for the future; supporting a loved one and managing grief.

Caring for Others - Pain and symptom management, family dynamics and daily care.

Find People Like Me - You are not alone! Read about others in similar situations.

Search for Information - Search for caregiver resources: books, business/organizations, events and more.

3 Personal Community

The Personal Community enables friends and family members, who the caregiver invites, to stay in touch and communicate about a mutual loved one. Members of a Personal Community can write journal entries about their loved one's condition, use the scheduler to ask for assistant with caregiving tasks, and create a message board.

Care Scheduler - Offers of assistance from friends and family are nice, but it can be difficult to work through everyone's schedules. The Care Scheduler can help—it is an effective way to communicate the tasks with which you need assistance. Simply log a task and the scheduler sends an email to everyone in your Personal Community letting them know you have asked for assistance. If they choose to take responsibility for the task, the program sends you an email to let you know.

Message Board - Family and friends can send their support by posting messages that everyone can read and enjoy.

Journal/Updates - Instead of making multiple phone calls to update everyone on a loved one's daily condition, you can post your updates in your Personal Community.

Name of Personal Community: Dutch Miller

Care Scheduler

After you add tasks or appointments to the calendar, members of your Personal Community will be notified by email so they can pitch in to help.

August 2008						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Click on the highlighted date to see tasks for that day.

Journal/Updates

Keep family and friends updated on news and a loved one's health status.

Add New Journal Entry

Grampa - adjusting well
Visited with Grampa this weekend. He seems to be adjusting well to his new living arrangement. He is making friends and seems to be returning back to his spunky self. The docs and nurses have found the right pain treatment.
More.

By SummitMatt on 2/26/2008 1:49:17 PM

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Researchers at Talaria, Inc. and the University of Washington are conducting a study on the effects of CareCommunity on the caregiving experience of our registered caregivers with funding from the National Cancer Institute. Registered users are invited to see if they are eligible for the study and if so, they will complete two sets of questions, one set up front and the other 3 months later. As a thank you, participants will be sent a \$60 payment.

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